

PATIENT **Hannah Lindqvist** | DOB **08/08/1992** | INTERVIEW COMPLETED **6 September 2026** | EXPORTED **7 September 2026**

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Patient-reported data only — your clinical interpretation follows in the appointment.

AT A GLANCE		Generated 09:31 BST	
Complaint	Abdominal pain, bloating and “loose bowels”	Duration	About 5 months
Bowel frequency	“Three or four times” most mornings	Bristol stool form	Type 6 “most of the time”; type 2 “now and then”
IBS-SSS	280/500	Weight change	None reported
Safety status	Safety flags reported — see Safety flags below		

KEY POINTS

- Cramping pain “low down on the left” for about 5 months, eased by opening the bowels.
- Bloating “by the evening, like I’m six months pregnant”.
- Loose stools “three or four times” most mornings with urgency; Bristol type 6 “most of the time”.
- “streaks of blood on the paper” on “two or three” occasions.

SAFETY FLAGS

REPORTED PRESENT	REPORTED ABSENT
“streaks of blood on the paper” on “two or three” occasions in the last month.	Unintended weight loss; waking at night with pain or to open the bowels; difficulty swallowing or persistent vomiting.

QUESTIONNAIRE SCORES

IBS Symptom Severity Score (IBS-SSS)	280/500	Moderate (instrument band 175–300)
Bristol stool form scale	Type 6 usual; type 2 occasional	Patient-selected from the chart

PROBLEM SUMMARY

Five months of cramping abdominal pain “low down on the left”, rated “about 6 out of 10” at its worst, which “eases once I’ve been to the loo”, together with bloating that builds “by the evening”. Bowel habit is reported as loose stools “three or four times” most mornings with urgency and “sometimes mucus”, and firmer stools “now and then”. Noticing “streaks of blood on the paper” on “two or three” occasions in the last month.

BOWEL HABIT

- **Frequency:** “three or four times” most mornings; “usually settled by lunchtime”.
- **Form:** Bristol type 6 “most of the time”; type 2 “now and then”.
- **Urgency:** “I have to go there and then”; planning journeys around toilets.

PAIN AND BLOATING

- **Location:** “low down on the left”; occasionally “all over”.
- **Character:** “cramping”; “about 6 out of 10” at worst; relieved by opening the bowels.
- **Bloating:** builds “by the evening”; “like I’m six months pregnant”; settles overnight.

MEDICATIONS AND LIFESTYLE

- **Medications:** hyoscine butylbromide “when it’s bad”; no regular medication; no anti-inflammatory painkillers reported.
- Non-smoker; alcohol “a couple of glasses at the weekend”.
- **Stress:** “a stressful year at work” and that symptoms are “worse when I’m anxious”.

RELEVANT COMORBIDITIES

- No other medical conditions.
- **Family:** “my aunt had Crohn’s” (patient’s words); reported absent: a close relative with bowel cancer.
- **Reported absent:** previous abdominal surgery, known coeliac disease in the family.

OUTSTANDING CLINICAL QUESTIONS

- The results of the reported stool sample and blood tests are not known to the patient.
- Whether the bleeding is mixed with the stool or only on the paper was asked; answer: “only on the paper, I think”.

This summary was prepared from a patient-reported pre-consultation interview. All information is self-reported and unverified. Clinical findings, examination, and objective investigations are required before any clinical conclusions can be drawn.