Midlands MSK Clinic
12 Harley Street, London W1G 9PF · Tel: 020 785 45362

PATIENT **Margaret Holloway** | DOB **22/09/1964** | INTERVIEW COMPLETED **4 September 2026** | EXPORTED **4 September 2026**

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Patient-reported data only — your clinical interpretation follows in the appointment.

AT A GLANCE

Generated 10:42 BST

Complaint	**Right knee pain**	Duration	**About 18 months**
Side	**Right (patient reports the left "starting too")**	Surgical readiness	**"I'd have the operation tomorrow if they offered it"**
Imaging available	**Patient reports a knee X-ray "at the hospital in the spring"; result not known to patient**	Oxford Knee Score	**21/48**
Safety status	**No safety flags reported**		

KEY POINTS

- Right knee pain for about 18 months, "on the inside of the knee", rated 7/10 on a bad day.
- Knee "gives way sometimes" on stairs; no locking reported.
- Walking "about ten minutes then I have to stop" and taking stairs "one at a time".
- Six sessions of physiotherapy "last year" that "didn't make much difference" and one steroid injection that "helped for about six weeks".

SAFETY FLAGS

REPORTED PRESENT	REPORTED ABSENT
None reported.	Hot, red or swollen joint with fever; pain waking the patient from sleep every night; unexplained weight loss.

QUESTIONNAIRE SCORES

Oxford Knee Score (OKS)	21/48	Score band 20–29 (instrument's published banding)
EQ-5D-5L visual analogue scale	55/100	Patient-rated health today

PROBLEM SUMMARY

Right knee pain of about 18 months' duration, gradual in onset with no injury recalled, felt "on the inside of the knee" and described as "a grinding ache" rated 7/10 on a bad day. The knee is reported to "give way sometimes" on stairs and to swell "after a day on my feet". Morning stiffness is reported as "about twenty minutes".

MECHANICAL AND STRUCTURAL FEATURES

- **Pain location:** "on the inside of the knee".
- **Pain character:** "a grinding ache"; severity 7/10 on a bad day, "about 4" at rest.
- **Instability:** "gives way sometimes" on stairs; no locking.

MEDICATIONS AND LIFESTYLE

- **Medications:** amlodipine daily; paracetamol; co-codamol "when it's bad".
- **Reported absent:** use of blood-thinning medication.
- Non-smoker; alcohol "hardly ever".

RELEVANT COMORBIDITIES

- Told high blood pressure, treated with tablets.
- Told "borderline diabetic" at a check-up "last year".
- **Reported absent:** previous knee surgery, previous fractures, known allergies.

OUTSTANDING CLINICAL QUESTIONS

- The result of the reported X-ray is not known to the patient.
- Whether the patient has had a general anaesthetic before, and how it went, was not asked.