

PATIENT **Raymond Okafor** | DOB **12/03/1959** | INTERVIEW COMPLETED **6 September 2026** | EXPORTED **6 September 2026**

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Patient-reported data only — your clinical interpretation follows in the appointment.

AT A GLANCE			Generated 11:20 BST
Complaint	Breathlessness on exertion and a daily cough	Duration	“About a year, worse the last three months”
Smoking	“20 a day for about 40 years”; stopped January 2026 (patient-reported)	mMRC dyspnoea	Grade 3
CAT	22/40	Oxygen or nebuliser at home	None reported
Safety status		Safety flags reported — see Safety flags below	

KEY POINTS

- Breathlessness on exertion for “about a year, worse the last three months”; has to stop “on the hill to the shops”.
- A cough “most mornings” with “greyish” sputum.
- Coughed up “a streak of blood” once, “about a month ago”.
- Lost “about half a stone since Christmas” without trying.

SAFETY FLAGS

REPORTED PRESENT	REPORTED ABSENT
Coughed up “a streak of blood” on one occasion “about a month ago”; none since. Lost “about half a stone since Christmas” without trying.	Chest pain; fever or night sweats; breathlessness at rest or when lying flat.

QUESTIONNAIRE SCORES

mMRC dyspnoea scale	Grade 3	Stops for breath after about 100 m on the level (instrument descriptor)
COPD Assessment Test (CAT)	22/40	High impact (instrument band 21–30)

PROBLEM SUMMARY

Increasing breathlessness on exertion over about a year, described as “puffed out” after “a hundred yards on the flat” and needing to stop “on the hill to the shops”. A cough “most mornings” producing “greyish” sputum is reported, with a wheeze “at night sometimes”. One episode of “a streak of blood” in the sputum “about a month ago” and an unintended weight loss of “about half a stone since Christmas”.

BREATHLESSNESS AND EXERCISE TOLERANCE

- **Flat ground:** “a hundred yards then I need a breather” (mMRC grade 3).
- **Stairs:** one flight “with a stop halfway”.

COUGH AND SPUTUM

- Cough “most mornings” for “over a year”; sputum “greyish”, “a teaspoon or so”.
- **Blood:** “a streak of blood” once, “about a month ago”; none since.

MEDICATIONS AND LIFESTYLE

- **Inhaler:** “the blue one, when I need it”, “most days lately”; no regular preventer inhaler reported.
- **Other medications:** amlodipine.

RELEVANT COMORBIDITIES

- Told high blood pressure.
- **Family:** “my dad had emphysema” (patient’s words).

OUTSTANDING CLINICAL QUESTIONS

- The result of the reported breathing test at the GP is not known to the patient.
- Whether a chest X-ray has been done is not established.

This summary was prepared from a patient-reported pre-consultation interview. All information is self-reported and unverified. Clinical findings, examination, and objective investigations are required before any clinical conclusions can be drawn.